

Noon Prayer (Dhuhr)

Complete Practice Guide

According to the Naqshbandi Tradition

1. Adhan (Call to Prayer)

Allahu Akbar ×4

Allah is the Greatest

Ash-hadu an la ilaha illa'llah ×2

I bear witness that there is no god but Allah

Ash-hadu anna Muhammadan Rasulu'llah ×2

I bear witness that Muhammad is the Messenger of Allah

Hayya 'alas-salaah ×2

Come to prayer

Hayya 'alal-falaah ×2

Come to success

Allahu Akbar ×2

Allah is the Greatest

La ilaha illa'llah ×1

There is no god but Allah

2. Salat was-Salam (Greetings to the Prophet)

After the adhan, send greetings to the Prophet and his fellow brothers in prophethood:

As-salaatu was-salamu 'alayk, ya man arsalahu'l-lahu ta'ala rahmatan lil-'aalameen

Blessings and peace be upon you, O one whom Allah Most High sent as a mercy to all the worlds

As-salaatu was-salamu 'alayk, wa 'ala alika wa sahbika ajma'een

Blessings and peace be upon you, and upon your family and all your companions

As-salaatu was-salamu 'alaykum, ya anbiya Allah

Blessings and peace be upon you, O Prophets of Allah

3. Du'a (Supplication)

Allahumma Rabba hadhihi'd-da'wati taamma, was-salatil qa'imma, a'ati Sayyidina Muhammad al-wasilata wal-fadeelata, wa darajatar-rafee'atal-'aliyya, wab'ath-hu, ya Rabbi, al-maqaamal-mahmooda'lladhi wa'adtahu, warzuqna shafa'atuhu yawmal-qiyama, innaka la tukhlifu'l-mi'ad; wa zawnijna min huril-'ayn.

O Allah, Lord of this perfect call and established prayer, grant our Master Muhammad the means of nearness to You, excellence, and the high and lofty rank. Raise him, O my Lord, to the praiseworthy station which You promised him, and grant us his intercession on the Day of Resurrection. Truly, You never break Your promise; and marry us to the maidens of Paradise.

Then pray: Four rak'ats Sunnah

4. Adab (Etiquette after Sunnah)

3× Kalimatu'sh-Shahada

Ash-hadu an la ilaha illa'llah, wa ash-hadu anna Muhammadan 'abduhu wa rasuluh

I bear witness that there is no god but Allah, and I bear witness that Muhammad is His servant and messenger

100× Istighfar

Astaghfiru'llah

I seek forgiveness from Allah

3× Suratu'l-Ikhlas

Recite Surat al-Ikhlas 3 times, then:

Subhaana Rabbika Rabbil-'izzati 'amma yasifoon, wa salamun 'alal-mursaleen, wal-hamdulillahi Rabbil-'alameen.

Glory be to your Lord, the Lord of Honor, above what they describe. And peace be upon the messengers, and praise be to Allah, Lord of all the worlds.

5. Ihda' (Spiritual Offering)

Ila sharafin Nabi (s) wa aalihi wa as-haabihil-kiraam, wa ila mashayikhina fit-tariqatin-Naqshbandiyyatil-'aliyya, khaassatan ila ruhi imaanit-tariqati Shah Baha'uddin Naqshband Muhammadu'l-Uwaysi'l-Bukhari, wa ila Mawlana Sultanul-awliya Shaykh 'Abdullah al-Fa'iz ad-Daghestani, wa Ustadhina Mawlana Shaykh Nazim al-Haqqani, wa sa'ir saadaatina was-siddiqeen. Al-Fatiha.

To the honor of the Prophet □ and his family and noble companions, and to our shaykhs in the Exalted Naqshbandi Order, especially to the soul of the Imam of the Order, Shah Baha'uddin Naqshband Muhammad al-Uwaysi al-Bukhari, and to our Master, the Sultan of Saints, Shaykh Abdullaah al-Fa'iz ad-Daghestani, and our Teacher, our Master Shaykh Nazim al-Haqqani, and the rest of our masters and the truthful ones—al-Fatiha.

(Read Surat al-Fatiha)

6. Iqamatu's-Salat (Call to Stand)

(*Allahumma salli 'ala Muhamadin wa 'ala aali Muhammad*)

Allahu Akbar ×4

Allah is the Greatest

Ash-hadu an la ilaha illa'llah ×2

I bear witness that there is no god but Allah

Ash-hadu anna Muhammadan Rasulu'llah ×2

I bear witness that Muhammad is the Messenger of Allah

Hayya 'alas-salaah ×2

Come to prayer

Hayya 'alal-falaah ×2

Come to success

Qad qamatis-salaah ×2

The prayer has been established

Allahu Akbar ×2

Allah is the Greatest

La ilaha illa'llah ×1

There is no god but Allah

Then pray: Four rak'ats Fard (Obligatory)

7. After Fard Prayer

Tahlil

La ilaha illa'llah ×2

There is no god but Allah

La ilaha illa'llahu Muhammadun Rasulu'llah ×1

There is no god but Allah, Muhammad is the Messenger of Allah

3× Istighfar

Astaghfiru'llah

I seek forgiveness from Allah

Astaghfirullahal'-azheema'lladhi la ilaha illa Huwa'l-Hayyu'l-Qayoom wa atoobu ilayh

I seek forgiveness from Allah the Magnificent, besides whom there is no god, the Ever-Living, the Self-Sustaining, and I repent to Him

Du'a

Allahumma antas-salaamu wa minkas-salaam, tabaarakta wa ta'alayta, ya dhal-Jalaali wal-ikraam.

O Allah, You are Peace and from You comes peace. Blessed are You and exalted, O Possessor of Majesty and Honor.

La ilaha illa'llah, wahdahu la shareeka lah, lahul-mulk, wa lahul-hamd, wa huwa 'ala kulli shay'in qadeer. Sami'na wa ata'na ghufranaka Rabbana wa ilaykal-maseer.

There is no god but Allah, alone without partner. His is the dominion and His is the praise, and He has power over all things. We hear and we obey. Your forgiveness, our Lord, and to You is the return.

Then pray: Four rak'ats Sunnah

8. Dhikr after Sunnah

'Ala Rasulina salawaat

Upon our Messenger be blessings

Astaghfiru'llah

I seek forgiveness from Allah

Subhaana'llah, wal-hamdu-lillah, wa la ilaha illa'llah, wa'llahu akbar, wa la hawla wa la quwwata illa bi'llahil-'Aliyyil-'Azeem.

Glory be to Allah, praise be to Allah, there is no god but Allah, Allah is the Greatest, and there is no power or strength except with Allah, the Most High, the Most Great.

9. Quranic Verses

Surat al-Baqara (2:163)

Wa ilaa-hukum ilaa-hun waahidun la ilaha illa Huwa-Rahmanur-Raheem.

And your god is one God. There is no deity except Him, the Most Gracious, the Most Merciful.

Ayatul-Kursi (2:255)

A'udhu bi'llahi minash-shaytanir-rajeem. Bismillahir-Rahmanir-Raheem.

I seek refuge in Allah from the accursed Satan. In the name of Allah, the Most Gracious, the Most Merciful.

Allahu la ilaha illa Huwal-Hayyul-Qayyum. La ta'khudhuhu sinatun wa la nawm, lahu ma fis-samawati wa ma fil-ard, man dhalladhi yashfa'u 'indahu illa bi idhnihi, ya'lamu ma bayna aydeehim wa ma khalfahum, wa la yuheetuna bi shayy'in min 'ilmihim illa bi ma shaa', wasi'a kursiyyuhus-samawati wal-ard, wa la ya-uduhu hifzuhuma, wa Huwal-'Aliyyul-'Azeem.

Allah! There is no god but He, the Ever-Living, the Self-Sustaining. Neither slumber nor sleep overtakes Him. To Him belongs whatever is in the heavens and whatever is on the earth. Who is it that can intercede with Him except by His permission? He knows what is before them and what is behind them, and they encompass nothing of His knowledge except what He wills. His Throne extends over the heavens and the earth, and their preservation does not tire Him. And He is the Most High, the Most Great.

Sadaqa'llahul-'Azeem.

Allah the Magnificent has spoken the truth.

10. Tasbeeh (Glorification)

Subhaanaka ya 'Azeem

Glory be to You, O Magnificent One

33x SubhanAllah

Glory be to Allah

'Ala ni'matil-Islam, wa sharafil-Iman, da'im'an

For the blessing of Islam and the honor of faith, always

33x Alhamdulillah

Praise be to Allah

Ta'ala sha'nuhu, wa la ilaha ghayruh

Exalted is His affair, and there is no god other than Him

33x Allahu Akbar

Allah is the Greatest

Allahu akbar kabeeran, wal-hamdulillahi katheeran, wa subhaana'llahi bukratan wa aseela. La ilaha illa'llah wahdahu la shareeka lah, lahul-mulk, wa lahul-hamd, yuhee wa yumeet, wa Huwa 'ala kulli shay'in qadeer. Subhaana Rabbil-'Aliyyil-a'lal-Wahhab.

Allah is truly the Greatest, and abundant praise be to Allah, and glory be to Allah morning and evening. There is no god but Allah, alone without partner. His is the dominion and His is the praise. He gives life and causes death, and He has power over all things. Glory be to my Lord, the Most High, the Most Exalted, the Bestower.

11. Du'a

Make personal supplication then recite

Al-Fatiha

(Allahumma salli 'ala Muhammadin wa 'ala aali Muhammadin wa sallim)

Bismillahir-Rahmanir-Raheem. Alhamdulillahi Rabbil-'alameen, Ar-Rahmanir-Raheem, Maliki yawmid-deen, iyyaka na'budu wa iyyaka nasta'een, ihdinas-siratal-mustaqeem, siratal-ladheena an'amta 'alayhim, ghayril-magħdoobi 'alayhim, wa lad-dalleen. Ameen.

In the name of Allah, the Most Gracious, the Most Merciful. All praise is due to Allah, Lord of all the worlds. The Most Gracious, the Most Merciful. Master of the Day of Judgment. You alone we worship, and You alone we ask for help. Guide us on the Straight Path—the path of those upon whom You have bestowed favor, not of those who have evoked Your anger or of those who have gone astray. Amen.

13. Recitation of Surahs

Recite: Suratu'l-Mulk (Chapter 67)

Recite: Suratu'l-Ikhlas (Chapter 112) ×3

Recite: Suratu'l-Falaq (Chapter 113)

Recite: Suratu'n-Nas (Chapter 114)

10× La ilaha illa'llah

There is no god but Allah

Muhammadur Rasulu'llah, salla'llahu ta'ala 'alayhi wa 'ala aalihi wa sahibihi wa sallam.

Muhammad is the Messenger of Allah, may Allah Most High bless him and his family and companions, and grant them peace.

14. Salawat

10× Salawat

Allahumma salli 'ala Muhamadin wa 'ala aali Muhamadin wa sallim

O Allah, bless Muhammad and the family of Muhammad, and grant them peace

15. Comprehensive Blessings

Salli ya Rabbi wa sallim 'ala jami'il-anbiyaa'i wal-mursaleen, wa aali kulli ajma'een, wal-hamdulillahi Rabbil-alameen

Bless, O my Lord, and grant peace upon all the prophets and messengers, and upon all their families altogether. And praise be to Allah, Lord of all the worlds.

'Ala ashrafil-alameena Sayyidina Muhammadinis-salawaat

Upon the noblest of all creation, our Master Muhammad, be blessings

'Ala afdalil-alameena Sayyidina Muhammadinis-salawaat

Upon the best of all creation, our Master Muhammad, be blessings

'Ala akmalil-alameena Sayyidina Muhammadinis-salawaat

Upon the most perfect of all creation, our Master Muhammad, be blessings

Comprehensive Salawat

Salawaatu'llahi ta'ala wa malaa'ikatihi wa anbiyaa'ihhi wa rusulih wa jami'i khalqihi 'ala Muhammadin wa 'ala aali Muhammad, 'alayhi wa 'alayhimus-salam wa rahmatullahi ta'ala wa barakaatuhu, wa radiya'llahu tabaraka wa ta'ala 'an saadaatina as-haabi rasuli'llahi ajma'een, wa 'anit-tabi'eeena bihim bi ihsaan, wa 'anil-'ulama'il-muttaqeen, wa 'anil-awliya'is-saliheen, wa 'am-mashayikhina fit-tariqatin-Naqshbandiyatil-'aliyya, qaddasa'llahu ta'ala arwaahumuz-zakiyya, wa nawwara'llahu ta'ala adrihatahumul-mubaraka, wa a'ada'llahu ta'ala 'alayna min barakaatihim wa fuyoodaaatihim da'imana, wal-hamdulillahi Rabbil-'alameen.

The blessings of Allah Most High, His angels, His prophets, His messengers, and all His creation be upon Muhammad and the family of Muhammad. Upon him and upon them be peace and the mercy of Allah Most High and His blessings. And may Allah, Blessed and Exalted, be pleased with our masters, the Companions of the Messenger of Allah, all of them, and with those who followed them in excellence, and with the God-fearing scholars, and with the righteous saints, and with our shaykhs in the Exalted Naqshbandi Order. May Allah Most High sanctify their pure souls, and may Allah Most High illuminate their blessed shrines, and may Allah Most High return upon us from their blessings and spiritual outpourings always. And praise be to Allah, Lord of all the worlds.

(Read Surat al-Fatiha)

16. Final Ihda' (Spiritual Offering)

Allahumma balligh thawaaba ma qara'naahu wa noora ma talawnaahu haadiyatana waasilatan minna ila ruhi Nabiyyina Muhammadin (sallam) wa ila arwaahil-anbiya'i wal-awliya'i, khaassatan ila ruhi Shah Naqshband wa Shaykhina 'Abdullah ad-Daghestani, wa Shaykh Nazim al-Haqqani was-siddiqeenal-Fatiha.

O Allah, convey the reward of what we have recited and the light of what we have read, as a gift—reaching from us to the soul of our Prophet Muhammad ﷺ, and to the souls of the prophets and saints—especially to the soul of Shah Naqshband, our Shaykh Abdullah ad-Daghestani, and Shaykh Nazim al-Haqqani, and the truthful ones. Al-Fatiha.

(Read Surat al-Fatiha)



*Wal-hamdulillahi Rabbil-'alameen
And praise be to Allah, Lord of all the worlds*